

GOVERNMENT OF WEST BENGAL
Personnel and Administrative Reforms Department
(I.A.S. Cell)
NABANNA, 7th Floor,
325, Sarat Chatterjee Road, Howrah-711 102.

No.749-PAR(IAS)/C(R)-13/2007 Pt.

Dated, Howrah, 16th April, 2026

MEMORANDUM

Subject: Annual Health Check-up of IAS Officers relating to AIS (PAR) Rules, 2007, for the year 2026 and subsequent years.

The State Government has agreed to reimburse a sum of **Rs.2,000/- (Rupees two thousand) only for the male I.A.S. Officers and Rs.2,200/- (Rupees two thousand two hundred) only for the female I.A.S. Officers for the year 2026 and subsequent years unless revised by the Department of Personnel & Training, Ministry of Personnel, Public Grievances & Pensions, Govt. of India, for Annual health check-up of A.I.S. Officers of this State, in the approved 9 (nine) Medical College & Hospitals, 15 (fifteen) District Hospitals and 08 (eight) Private Hospitals & Diagnostic Centres, as mentioned in para-1 of this Department's Memo No. 647-PAR(IAS)/CR-13/2007(Pt.) dated 17.04.2025, in conformity with the guidelines contained in the previous letter of DOP&T, Govt. of India vide F No. 11059/02/2023-AIS-III, dated 16.10.2023.**

The charges for further investigations, if recommended would be reimbursed as per norms of AIS (Medical Attendance) Rules, 1954.

All other contents of the previous order vide Memo No. 647-PAR(IAS)/CR-13/2007(Pt.) dated 17.04.2025 will remain unchanged .

The enclosures as stated in para-1 above can be downloaded from the website www.wbpar.gov.in

Enclo.: As stated.

Sd/-

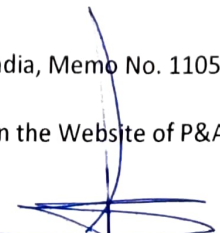
(Rajesh Pandey, IAS)
Additional Chief Secretary to the
Government of West Bengal

No.749/1(8)-PAR(IAS)/C(R)-13/2007 Pt.

Dated, Howrah, the 16th, April, 2026

Copy forwarded to:

01. Shri / Smt. _____;
02. The Superintendent, _____ Medical College & Hospitals;
03. The CMOH, _____ District Hospital;
04. The Principal Secretary/Secretary, _____ Department.
05. The Director, _____ Private Hospital
.....with the request to undertake the medical examination of the I.A.S. Officers in the enclosed revised proforma and to kindly ensure that all the prescribed tests may be conducted on a single day and the report provided to the officers concerned on the same / next day.
06. The District Magistrate, _____
07. The Health & Family Welfare Department with a copy of the DoPT, Govt. of India, Memo No. 11059/01/2014-AIS-III, dated 17.03.2021.
08. IT Cell of the P&AR Department for uploading **this letter and the enclosures** in the Website of P&AR.


O.S.D. & Ex-Officio Senior Special Secretary
to the Govt. of West Bengal

FORM – IV

[See rule 3]

The All India Services (Performance Appraisal Report) Rules, 2007

PRO FORMA FOR HEALTH CHECK UP

Date:

Name :

Age :

Sex : M / F

A. Investigations Reports :

1. Haemogram –

(i) Haemoglobin

(ii) TLC

(iii) DLC

(a) Polymorphs

(b) Lymphocytes

(c) Eosinophils

(d) Basophils

(e) Monocytes

(iv) Peripheral Smear

2. Urine Examination –

(i) Colour

(ii) Albumin

(iii) Sugar

(iv) Microscopic Exam.

3. Blood Sugar –

- (i) Fasting
- (ii) Post-Prandial

4. Lipid Profile –

- (i) Total Cholesterol
- (ii) HDL Cholesterol
- (iii) LDL Cholesterol
- (iv) VLDL Cholesterol
- (v) Triglycerides

5. Liver Function Tests –

- (i) S.Bilirubin (Total)
- (ii) S.Bilirubin (Direct)
- (iii) SGOT
- (iv) SGPT

6. Kidney Function Tests –

- (i) Blood Urea
- (ii) S.Creatinine
- (iii) S.Uric Acid

7. Cardiac Profile –

- (i) S.LDH
- (ii) CK-MB
- (iii) S.CRP
- (iv) SGOT

For Men

- (v) PSA

For Women

- (vi) PAP Smear

- 8. X-Ray-Chest PA View Report
- 9. ECG Report
- 10. USG Abdomen Report
- 11. TMT Report
- 12. Mammography Report (Women)
- 13. **Gynaecological Health Check Up –**
 - (i) Pelvic Examination
 - (a) Local Examination
 - (b) Per Vaginum (P/V)
 - (c) Per Speculum
 - (ii) Surgical Examination
 - (iii) Breast Examination

14. (i) Urological Examination (For Men Only)

(ii) Rectal Examination (For Men Only)

15. **Systemic Examination –**

(i) Respiratory System

(ii) CVS

(iii) Abdomen

(iv) CNS

(v) Locomotor System

(vi) Dental Examination

16. **Eye Examination –**

(i) Distant Vision

(ii) Vision with Glasses

(iii) Colour Vision

(iv) Tonometry

(v) Fundus Examination

17. **ENT –**

(i) Oral Cavity

(ii) Nose

(iii) Throat

(iv) Larynx

B. Medical Report of the Officer :

| | | |
|----|----------------------------------|---|
| 1. | Haemoglobin Level of the Officer | Normal / Low |
| 2. | Blood Sugar Level | Satisfactory / Normal / High / Low |
| 3. | Cholesterol Level of the Officer | Normal / High / Low |
| 4. | Liver Functioning | Satisfactory / Normal / Dysfunctioning |
| 5. | Kidney Status | Normal / Both-One kidney not functional optimally |
| 6. | Cardiac Status | Normal / Enlarged / Blocked / Not normal |

C. Summary of Medical Report (Only copy of this part is to be attached to PAR) :

| | | |
|----|---|--|
| 1. | Overall Health of the Officer | |
| 2. | Any other remarks based on the health medical check up of the Officer | |
| 3. | Health profile grading | |

Date :

Signature of Medical Authority

Designation :

Medical College & Hospital

| Sl. No. | Medical College & Hospitals |
|---------|---|
| 1. | S S K M Medical College & Hospital A J C Bose Road, Kolkata-700020 |
| 2. | Kolkata Medical College & Hospital 88, College Street, Kolkata-700012 |
| 3. | N R S Medical College & Hospital 138, A J C Bose Road, Kolkata-700014 |
| 4. | National Medical College & Hospital 24, Gorachand Road, Kolkata-700014 |
| 5. | R G Kar Medical College & Hospital 1, Khudiram Bose Sarani, Kolkata-700004 |
| 6. | Midnapur Medical College & Hospital, Kerinitola, Midnapur |
| 7. | Burdwan Medical College & Hospital, Burdwan-713 101, West Bengal |
| 8. | Bankura Sammilani Medical College & Hospital, P.O. & Dist. Bankura, Pin-722101 |
| 9. | North Bengal Medical College & Hospital P.O. Sushruta Nagar, Pin-734 012, |

District Hospitals :

| Sl. No. | District Hospitals |
|---------|---|
| 1. | Darjeeling District Hospitals, Darjeeling |
| 2. | Jalpaiguri District Hospitals, Jalpaiguri |
| 3. | M J N Hospital (District Hospitals), Coochbehar |
| 4. | District Hospital, Raiganj, Uttar Dinajpur |
| 5. | Balurghat General Hospital (District Hospitals), Dakshin Dinajpur |
| 6. | Malda District Hospitals, Malda |
| 7. | Baharampur General Hospital, Murshidabad |
| 8. | Birbhum District Hospitals, Suri, Birbhum |
| 9. | Nadia District Hospitals, Krishnanagar, Nadia |
| 10. | Deben Mahato Hospital (District Hospitals), Purulia |
| 11. | Hooghly District Hospitals, Chinsurah, Hooghly |
| 12. | Howrah District Hospitals, Howrah |
| 13. | District Hospitals, Barasat, North 24 Parganas |
| 14. | M R Bangur Hospital (District Hospitals), South 24 Parganas |
| 15. | District Hospital, Tamruk, Purba Medinipur |

LIST-II

| Sl.No. | Name of Private Hospitals | Nodal Person | Contact No. |
|--------|---|---|--|
| 1. | Ruby General Hospital Ltd. Kasba Golpark, E.M. Bypass, Kolkata-700 107 | Mr Subhasis Dutta Ms Nayana Banerjee Executive Secretary to CEO | 9831227380 9831522357 9830968221 |
| 2. | Nightingage Diagnostic & Medicare Centre Pvt. Ltd. 11, Shakespeare Sarani, Kolkata-700 071 | Mr Basu | 2282-7255/7263 |
| 3. | Calcutta Medical Research Institute, 7/2, Diamond Harbour Road, Kolkata-700 027 | Ms Nibedita Ghosh, DGM-Operations | 9830260319 |
| 4. | DESUN Hospital & Heart Institute, E.M. Bypass, Kasba, Golpark, Kolkata-700 107 | Sajal Dutta Chairman & Managing Director | 2443 4567 |
| 5. | Belle Vue Clinic 9, Dr. U.N. Brahmachari Road, Kolkata-700 017 | P. Tondon Chief Executive Officer | 2280 4624 |
| 6. | Eastern Diagnostics India Pvt. Ltd. 13C, Mirza Ghalib Street, Kolkata-700 016 | Ritesh Agarwal Joint Managing Director | 22178080 |
| 7 | The Peerless Hospitex Hospital and Research Center | 360, Panchasayar, Kolkata-700 094 | |
| 8 | Woodlands Multispeciality Hospital Limited | 8/5, Alipore Road, Kolkata-27 | 40337000 |